



**ESSEX PROPERTY TRUST TO PRESENT AT THE BANK OF AMERICA MERRILL
LYNCH 2019 GLOBAL REAL ESTATE CONFERENCE**

San Mateo, California — September 6, 2019 — Essex Property Trust, Inc. (NYSE:ESS) announced today that Michael J. Schall, President and CEO, will be participating in a roundtable presentation at the Bank of America Merrill Lynch 2019 Global Real Estate Conference in New York, New York on Wednesday, September 11, 2019, at 2:55 p.m. Eastern Time.

To listen to the panel, please visit the webcast link on the Investors section of the Company's website at www.essex.com. A copy of any materials provided by the Company at the conference can be obtained through the Investors section of the Company's website.

About Essex Property Trust, Inc.

Essex Property Trust, Inc. ("Essex"), an S&P 500 company, is a fully integrated real estate investment trust ("REIT") that acquires, develops, redevelops, and manages multifamily residential properties in selected West Coast markets. Essex currently has ownership interests in 246 apartment communities comprising approximately 60,000 apartment homes with an additional 6 properties in various stages of active development. Additional information about the Company can be found on the Company's website at www.essex.com.

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