



ESSEX ANNOUNCES RELEASE AND CONFERENCE CALL DATES FOR ITS THIRD QUARTER 2018 EARNINGS

San Mateo, California—October 2, 2018—Essex Property Trust, Inc. (NYSE:ESS) announced today that it plans to release its third quarter 2018 earnings before the market opens on Monday, October 29, 2018. A conference call with senior management is scheduled for Monday, October 29, 2018 at 12:00 p.m. Pacific Time or 3:00 p.m. Eastern Time.

The third quarter conference call is open to everyone and can be accessed by:

Internet: Go to www.essex.com; click on Investors and the third quarter earnings webcast.

Phone: Dial toll-free, (877) 407-0784, or toll/international, (201) 689-8560. No passcode is necessary.

Replay: A rebroadcast of the live call will be available online for 30 days and digitally for 7 days. To access the replay online, go to www.essex.com and select Investors and the third quarter earnings webcast. To access the replay digitally, dial (844) 512-2921 using the Replay Pin Number – 13683691.

About Essex Property Trust, Inc.

Essex Property Trust, Inc., an S&P 500 company, is a fully integrated real estate investment trust (REIT) that acquires, develops, redevelops, and manages multifamily residential properties in selected West Coast markets. The Company currently has ownership interests in 247 apartment communities comprising more than 60,000 apartment homes with an additional 6 properties in various stages of active development. Additional information about Essex can be found on the Company's website at www.essex.com.

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